

*Dear  
Penpal*

LETTERS FROM BAHRAIN'S CHILD  
AND ADOLESCENT PRISONERS



Americans for Democracy  
& Human Rights in Bahrain



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**Americans for Democracy and Human Rights in Bahrain** is a non-profit, 501(c)(3) organization based in Washington, D.C. Through engagement with U.S. government officials, intergovernmental actors, activists, and the public, we seek to foster awareness of and support for democracy and human rights in Bahrain.

**The Bahrain Center for Human Rights (BCHR)** is a non-profit, non-governmental organization, registered with the Bahraini Ministry of Labor and Social Services since July 2002. Despite an order by the authorities in November 2004 to close, the BCHR is still functioning after gaining a wide local and international support for its struggle to promote human rights in Bahrain.

**The Bahrain Institute for Rights and Democracy** is a London, UK based non-profit organization focusing on advocacy, education and awareness for the calls of democracy and human rights in Bahrain.

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## **Purpose of the Exhibit**

The severe reaction to Bahrain's popular, democratic uprising has victimized society's most vulnerable members: children and adolescents. In an attempt to stamp out any form of dissent, Bahraini authorities have transformed preteen and teenage citizens into enemies of the state and subjected them to maltreatment at all levels of the legal system, stealing them from their families, impeding their educational development, and opening physical and psychological wounds which may never heal.

Americans for Democracy & Human Rights in Bahrain (ADHRB), the Bahrain Center for Human Rights (BCHR), and the Bahrain Institute for Rights and Democracy (BIRD) have organized this exhibit in order for the public to learn the stories of these children and, in doing so, to understand the depths to which an autocracy will sink to maintain power. Some of the children presented here actively participated in pro-democracy protests, while others were detained by authorities at random. All, however, are at least several years removed from Bahrain's age of adulthood, and thus the conditions of their arrest and imprisonment violate both Bahraini law and international standards.

## **Accusations and Convictions**

According to Bahraini authorities, the children presented here have committed any number of crimes, both petty and heinous. Police have accused, and judges have convicted, children on charges of illegal gathering and rioting, destroying property, attacking police officers, damaging police vehicles, and possessing Molotov cocktails. Due to Bahrain's purposefully opaque legal system, the intimidation of witnesses, and the lack of accountability for both judges and prosecutors, these children cannot properly defend their innocence, and their families cannot contest these claims by presenting evidence and testimony as one would in a free society.

Authorities have pursued these dubious convictions with ruthlessness and unwarranted violence. In almost every case, officers issued no warrants and failed to follow basic due process. Security officials have made a practice of abducting children from their homes and preventing them from contacting family members or legal counsel. In several instances, security forces arrested a child in place of an older relative who was the intended target of a police raid. Judges based a number of the convictions on false confessions extracted from the children through torture, testimony which many of the children later

recanted. Additionally, by charging a number of children with “illegal gathering,” authorities have expressly violated Article 21 of the International Covenant on Civil and Political Rights, prohibiting the infringement on the right of peaceful assembly. Finally, several of the claims simply defy imagination, such as the case of a ten-year-old child accused of attacking a police officer, vandalizing a police car, and wielding a Molotov cocktail.

For anyone to take these charges and convictions seriously, Bahraini police must respect due process rights, and Bahraini courts must adjudicate these cases in an open and impartial manner.

## **Conditions of Detention**

The Bahraini prison system is notorious for abusing its adult inmates; that children are kept in the same facilities is cause for concern. Bahrain’s prisons are extremely overcrowded, and often lack adequate facilities for ventilation and sanitation. Prison officials have denied medical care to adolescents injured in the course of their arrest, and judges routinely extend pre-trial detentions without cause, cementing their arbitrary nature. Courts try children as adults and may imprison them alongside adult offenders, further endangering their physical and psychological well-being. Imprisoned children are often denied access to education; even when children are released from prison, they often miss significant schooling, often leading to decreased career prospects throughout the rest of their lives.

Authorities have fully institutionalized the torture of child suspects. Beatings are routine, as are threats of sexual violence. Authorities continue the beatings until they extract forced confessions; repeated assaults and unrelenting verbal abuse quickly break the child’s will to uphold his innocence, and many confess under extreme duress.

## Highlighted cases

ADHRB, BCHR, and BIRD have documented in detail over thirty cases of child detention and ill-treatment, although this record does not come close to encompassing the reality of the crisis. All merit attention, but, for the purpose of relating concrete examples to this emergency, the following cases are highlighted:

**Jehad Nabeel al-Same'a, arrested at age 10:** Bahraini police initially arrested Jehad in December 2013 as he played near his grandfather's home. They charged him with attacking policemen, vandalizing police cars, gathering illegally and possessing a Molotov cocktail. Officials detained him for 43 days. After release, he was re-arrested in May and sentenced to 6 months in prison.

**Ammar Yasser Abdullah Abbas, arrested at age 13:** Bahraini authorities detained Ammar in March 2014 as he attended a peaceful protest. In custody, security forces used their helmets to beat him in the head until he confessed. A court sentenced him to six months in detention.

**Ali Hatem Ali Salman, arrested at age 14:** Authorities arrested Ali in August 2013 as he sat in a coffee shop, under the pretense that he had participated in a nearby protest. They charged him with illegal gathering and rioting. Interrogators subjected Ali to brutal forms of torture, including electric shocks and sexual assault, during which he signed a false confession. The court did not permit him legal representation during his initial hearing.

## What You Can Do

In light of these abuses, ADHRB, BIRD, and BCHR requests that all visitors of the exhibit write a letter to the King of Bahrain demanding the release of all child political prisoners and an end to the systematic use of abduction, arbitrary detention, and torture on Bahraini juveniles. ADHRB We will send these letters to the King of Bahrain in an effort to show his government that the rest of the world will not abide a nation that tortures and locks away its children.

We hope you will carry these stories with you long after this exhibit. Thank you.



## Ali Husain Abdulla Ahmed

**AGE** 16

**DOB** 9 August 1998

**DATE OF ARREST** 1 August 2014

Ali Husain Abdulla Ahmed is a 16-year-old Bahraini citizen. On 1 August 2014, police chased Ali to his grandmother's house and arrested him. They did not present a warrant. They based the arrest on Ali's proximity to clashes occurring in the area. Security forces transported Ali to the police station. During the detention, security forces beat Ali all over his body. Ali is now held at the Dry Dock detention center where he awaits trial.

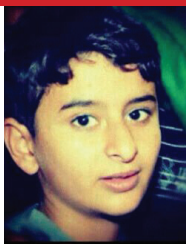
*Dear Penpal,*

*I'm a 16 year old prisoner who was arrested from my neighborhood following a peaceful protest in my village. I was beaten and humiliated during interrogation and wasn't allowed to contact my family and my lawyer wasn't allowed to attend my interrogation. Despite my young age, I was treated like a grown up and I was tried under terrorism law.*

*I'm deprived from my family, friends and my school like many of my new friends in prison. We are denied from enjoying and living our childhood.*

*At the end of my letter, I really hope my voice and other child prisoners reach you and urge you to help in pushing for our release.*

*Ali Husain Abdulla*



## Ebrahim Ahmed Al Muqdad

AGE 17      AGE AT ARREST 15

DOB 24 February 1997

DATE OF ARREST 23 July 2012

Ebrahim Ahmed Al Muqdad is a 17-year-old Bahraini citizen. On 23 July 2012, Bahraini authorities arrested Ebrahim following clashes in Bilad al-Qadeem. They transported him to Qudaibiya police station and then to the Criminal Investigatory Directorate (CID). Ebrahim remained disappeared for two days. During his detention at CID, security officers tortured Ebrahim. They beat him with police batons and their bare hands. They sexually harassed him. They shocked him and deprived him of sleep, food, and water. They pointed a gun at his head and told him to confess. Security forces denied Ebrahim access to his lawyer during the interrogation. On 4 April 2013, the Bahraini Criminal Court sentenced Ebrahim to 10 years in prison based on charges of murdering a policeman, stealing a police vehicle, burning a military armored vehicle, illegal gathering and possession of Molotov cocktails. Ebrahim is now serving his sentence at Jaw prison.

*Dear Penpal,*

*I spent 2 and a half years in prison and more than 7 years remain to complete serving the sentence that was issued against me when I was 15 years old. I was the youngest political prisoner that was prosecuted under the internationally condemned terrorism law.*

*I didn't imagine when I got arrested that I will be tortured and beaten to extract confessions for accusations I didn't commit or to be taken to court without a lawyer. In prison I saw many Bahraini children like myself.*

*How I miss playing with my siblings, my mother's love and my father's kindness! I also miss having fun with my friends, going to school with my peers and continuing my treatment to get well.*

*I am confident that my friends and I will embrace freedom soon.*

*We urge you to put pressure on the government of Bahrain to release me and all the children of prisoners urgently. We are awaiting your help*

*Ebrahim al-Meqdad*



## Jihad Sadeq al-Hebaishi

**AGE** 17    **AGE AT ARREST** 16

**DOB** 10 November 1996

Jihad Sadeq al-Hebaishi is a 17-year-old Bahraini citizen. On 23 July 2013, Bahraini authorities arrested Jihad from the Bilad al-Qadeem area and transported him to the CID. During his detention at CID, Bahraini security officers abused Jihad. They slapped, insulted, tortured, and humiliated him. They kept him in solitary confinement for ten days. Authorities did not allow Jihad to consult with a lawyer until two weeks after his arrest. On 4 April 2013, the Bahraini Criminal Court sentenced Jihad to 10 years in prison under the anti-terrorism law. The court sentenced Jihad despite the fact that he informed the court that he had been tortured in order to extract a false confession. Jihad is now serving his sentence at Jaw prison where he is unable to continue his education

“ I was arrested while participating in a peaceful protest when I was 16 years old. During interrogation, I was beaten and humiliated until I confessed.”



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Dear Penpal,

I write my letter from the prison cell that has become my home. I write to you about the dreams I once had that seem to be impossible to come true now.

I was arrested while participating in a peaceful protest when I was 16 years old. During interrogation, I was beaten and humiliated until I confessed. I wasn't allowed to contact my family, and my lawyer was not allowed to attend my interrogations. Despite this, my trial went on, and I was tried under terrorism law although I was a child. I was sentenced to 10 years imprisonment for a crime I did not commit.

My hobbies were photography, sports and traveling. I wished to graduate from high school and go to university with my friends to study engineering. Instead, I was deprived from doing what I love and pursuing my education. I would have now been in my freshman year at university, not in prison. I should be a student, not a political prisoner.

In Bahraini prisons there are many cases similar to mine. Therefore, in this letter, I'm addressing you on behalf of all detained children. I appeal to you to help us and act for our case by advising and pressuring the Bahraini government to release me and all other children that languish in prisons or at least tell our story so we won't be forgotten in prison.

My friends and I will be waiting eagerly for your reply and your help to have us released.

Sincerely,  
Jehad Sadeg



## **Dhaif Abdul Nabi Dhaif**

**AGE** 18    **AGE AT ARREST** 17

**DOB** May 1996

**DATE OF ARREST** 07 July 2013

Dhaif Abdul Nabi Dhaif is an 18-year-old Bahraini citizen. On 7 July 2013, when Dhaif was 17 years old, Bahraini authorities raided Dhaif's grandfather's house. They beat Dhaif in front of his family and arrested him. They did not present a warrant. Authorities transported Dhaif to the CID. During his detention at CID, Bahraini security forces mistreated Dhaif. They beat and humiliated him. Authorities transported Dhaif to Dry Dock where they tortured him and kept him in isolation for 5 days. They did not allow Dhaif to contact his family. The government accused Dhaif of multiple charges, including murdering a policeman with explosives and possession of Molotov cocktails and protesting. On 13 August 2014, the Bahraini Criminal Court sentenced Dhaif to life imprisonment. An appellate court subsequently reduced his sentence to 15 years. Dhaif is now serving out his sentence at Jaw prison, where he is unable to finish his last year of high school due to psychological trauma resulting from torture.

*Dear Penpal,*

*I was 17 years old when was arrested from my house at dawn. During interrogation, I was beaten and humiliated for 4 days by several interrogators. I was sexually harassed and wasn't allowed to contact my family and my lawyer was denied to attend my interrogation.*

*I was then transported to the Dry Dock prison where I was detained for a year. My trial was under terrorism law and although I'm a child I was sentenced to life imprisonment in a case I know nothing about and without any evidence. Even though there is evidence proving my innocence.*

*I was a hardworking and outstanding student, I wanted to go to university and have a good future. However, this unjust verdict denied me all that I dreamed.*

*I have great faith that you won't let me and other children spend our childhood and youth in prison.*

*Sincerely,*

*Dhaif Abdulnabi Dhaif*



## Nedhal Ali Hussain al-Abood

**AGE** 16

**DOB** 17 November 1997

**DATE OF ARREST** 24 September 2013

Nedhal Ali Hussain al-Abood is a 16-year-old Bahraini citizen. On 24 September 2013, Bahraini authorities arrested Nedhal from his house. They did not present an arrest warrant. They transported him to the CID. During his detention at CID, Bahraini security officers abused him. Nedhal told his parents that he signed a false confession in order to avoid returning to CID. On 13 August 2014, the Bahraini Criminal Court sentenced Nedhal to life imprisonment. An appellate court later reduced his sentence to 15 years in prison.

*Dear Penpal,*

*I was illegally arrested on 24 September 2013 in a gangsters' style. I was abducted from my house. They broke in my house and took me away without presenting warrant or telling us the reasons or who they were. I was only 15 years old, but they didn't care about how young I was, I was taken for interrogation where I was beaten, humiliated and threatened. I wasn't allowed to call my family or lawyer to attend my interrogation with me.*

*I was 16 when I was sentenced to life imprisonment under terrorism law for acts I didn't commit.*

*I used to live a normal life, focusing on my study and practicing my hobbies, my favorite hobby was football. I really wished I would finish high school and go to university to become a doctor. Sadly, I was denied my right to education and to achieve my goal.*

*I should be now with my friends at school studying not a political prisoner for life.*

*I'm looking forward to hearing from you. I'm not alone in this; there are many other children like me who've been denied their dreams and normal life. Please help us.*

*Nedhal Ali Al Abood*



## **Hussain Ali Mohammed**

**AGE** 18

**DOB**

**DATE OF ARREST** 10 July 2013

Hussain Ali Mohammed is an 18-year-old Bahraini citizen. On 10 July 2013, Bahraini security forces arrested Hussain from his village of Dar Kulaib when he was 16 years old. They transported him to Hamad Town Roundabout 17 Police Station. During his detention, security forces tortured Hussain. They brutally beat him all over his body. Authorities did not allow Hussain to see his family. The Bahraini Court sentenced Hussain to 10 years in prison based on charges of attempted murder and burning a police vehicle. Hussain is now serving his sentence at Jaw prison.

“They immediately began brutally beating me in the car until we reached Hamad Town’s Roundabout 17 Police station where I was further tortured and forced to sign confession papers...”

Dear Penpal,

My name is Husain Ali Mohammed. I've just turned 18, but I'm a political prisoner in Bahrain since I was 16 years old.

I would like to tell you my story which starts with my arrest on 10 July 2013. I was sitting that day in front of a convenience store in my neighborhood when masked men came out from a civilian car and abducted me. They immediately began brutally beating me in the car until we reached Hamad Town's Roundabout 17 Police station where I was further tortured and forced to sign confession papers stating that my charges are attempted murder and burning a police vehicle.

I went through all this without my family knowing where I was until after 6 hours when I was surprised that they brought several people from my village including my uncle. They were all allowed to call their families except me. One of them told my family that I was detained at the police station so my mother and aunt came but they weren't allowed to see or talk to me. They came again the next day and I was allowed to meet them. I was exhausted and had obvious torture marks on my body that my family could still see even two weeks after I was subjected to torture.

My story doesn't end here, I was tried at court and sentenced to 15 years in prison which was later reduced to 10 years. I was frustrated and sad. I was transported to Jau prison where we suffer from prison condition and ill-treatment.

My hobbies were traveling and sports. I looked forward to graduating school and going to university in Bahrain or abroad to study engineering. I still cannot believe that I'm a political prisoner from the age of 16.

From the prison, I'd like to address and urge all free people to help us for we are languishing in prison over false charges; we only want justice, equality and freedom.

Thank you for reading my letter.

Husain Ali Mohammed



## Sayed Hadi Sayed Naji

**AGE** 16

**DOB** 18 April 1998

**DATE OF ARREST** 24 April 2014

Sayed Hadi Mohammed is a 16-year-old Bahraini citizen. On 24 April 2014, Bahraini authorities arrested Sayed Hadi from his friend's house and transported him to Samaheej police station. During his detention at the police station, security officers tortured Sayed Hadi. They severely beat him with a stick and kicked him all over his body. The government accused Sayed Hadi of burning tires, illegal gathering, rioting, possession of Molotov cocktails, and attacking a policeman. On 30 October 2014, Sayed Hadi was sentenced to 3 years in prison.

*Dear Penpal,*

*My name is Sayed Hadi Sayed Naji and I'm 16 years old. On 24 April 2014, there were clashes in my neighborhood between security forces and protesters, I was at my friend's house at the time when security forces raided his house and arrested me with others.*

*I was subjected to torture when at arrested and interrogation. I was severely beaten with a stick and kicked all over my body to force me confess things I didn't do. However, I was sentenced to 3 years in prison.*

*I love fishing. I used to spend hours at the sea and fishing. I miss that and I miss my life outside this cell.*

*At the end, I hope my letter would reach all children around the world so they would know about the children in Bahrain who are deprived from their right to be children.*

*Sayed Hadi*



## Ahmed al-Saroo

**AGE** 16

**DOB** December 1997

**DATE OF ARREST** 4 September 2013

Ahmed al-Saroo is a 16-year-old Bahraini citizen. On 9 April 2013, Bahraini security forces raided Ahmed's house and arrested him. They transported him to the CID. During his detention at the CID, security forced harassed and abused Ahmed. They insulted him and threatened to beat him on his injured leg in order to force him to sign a confession. Ahmed was interrogated without the presence of his lawyer. On 19 September 2013, the court sentenced Ahmed to 3 years in prison. He is currently detained in Jaw prison.

*Dear Penpal,*

*I was arrested while asleep at home during mid-terms period. I was only 15 years old at the time.*

*On 9 April 2013, masked security forces raided my house and arrested me. I was taken to the CID where I was subjected to the worst verbal insults and threatened to be beaten on my injured leg. I was previously fired at with shotgun pellets gun from a very close range and was taken to Salmaniya hospital where I underwent an urgent surgery to remove the pellets and a week later I had knee cosmetic surgery. I had physiotherapy until I was able to walk again without crutch.*

*I was then transported to Naim police station where I was allowed to call my parents, then to the Dry Dock detention center. I was prosecuted under terrorism law although I was just a child and they sentenced me to 3 years in prison for something I didn't do.*

*I had many hobbies. I liked photography and swimming the most. I wanted to graduate and go to university with my friends.*

*I should be at school and playing with my friends but instead I'm a political prisoner.*

*There are many children here, thus I ask you to do whatever possible to get us out of prison so we can live our childhood like all other children.*

*I'm looking forward to your reply.*

*Sincerely,  
Ahmed Ali al-Saroo*



## Ahmed Hasan

**AGE** 16

**DOB** August 1998

**DATE OF ARREST** 22 October 2014

Ahmed Hasan is a 16-year-old Bahraini citizen. On 22 October 2014, Bahraini security forces raided Ahmed's house and arrested him. They transported him to the CID. During his detention at the CID, security forces tortured Ahmed. They brutally beat him all over his body, humiliated him, and forced him to sign confession. Authorities did not allow Ahmed to see his family and denied him access to his lawyer. The authorities transported Ahmed to Dry Dock detention center. The public prosecution remanded Ahmed to 60 days in prison under anti-terrorism law, and he is currently detained at Dry Dock detention center.

“ I was subjected to physical and psychological torture to extract confession on a crime they accused me of committing that I didn't know anything about.”



Dear Penpal,

I'm a 16 year old high school student. I was arrested after my house was raided while I was having breakfast with my mother as I had evening classes that day that starting at 2PM. My mother noticed that several men came in the house jumping the house's fence. I went out to see what they wanted but they pulled me to a civilian car.

I was taken to the CID building. They called my father and told me to just tell him I was fine and that I was in the CID. Then they ended the call.

I was subjected to physical and psychological torture to extract confession on a crime they accused me of committing that I didn't know anything about. Evidence proves my innocence but they had the charges ready and just wanted me to recite them.

I, and others in the case, had our photographs taken and they were published in a local newspaper. My family and everybody I know were shocked when they saw the newspaper. I was then taken to the public prosecution where I was from 6PM to 5AM to testify. Other boys' testimonies didn't match with the government, so the rest were tortured again. I wasn't allowed access to my lawyer at all.

Although everything I went through wasn't legal but the public prosecution remanded me to 60 days in detention under terrorism law.

I liked swimming and playing football and I aspire to be an engineer that I might not be able to pursue and do for long time.

There are many other children here who have been arbitrarily and unjustly denied from the right to life and are suffering here in prison and no one knows about them.

I urge for the international law and the right of child to be implemented. No one should be arbitrarily arrested and defamed in newspaper.

We're waiting eagerly for your efforts and actions in our case and are grateful for anything you will do.

Ahmed Hasan Ali Radhi



## Sayed Haider

**AGE** 17

**DOB** 07 January 1997

**DATE OF ARREST** 23 January 2014

Sayed Haider Sayed Shubber Alawi Sayed Naser is a 17-year-old Bahraini citizen. On 23 January 2014, Bahraini authorities arrested Sayed Haider at a government checkpoint. They transported him to Naim police station. During his detention, Bahraini security officers tortured him. Security forces brutally beat, threatened, and humiliated him, and insulted his religion. The court sentenced him to three years in prison.

*Dear Penpal,*

*I was arrested on 23 January 2014 while leaving my young cousin's funeral with my father which was held in the capital Manama.*

*During my arrest, all my family were threatened to be jailed. In the car and on my way to Naim police station, I was beaten, cursed, humiliated. Police spit in my face to make me confess.*

*On the same night, I was transported to the CID without a lawyer then to the Dry Dock prison. Because my parents insisted, they were able to visit me on the first day. I was kept there for approximately two weeks until my trial. On 4 February 2014, I was sentenced to 5 years in prison which was reduced in the court of appeal to 3 years for charges of criminal arson and illegal assembly in a public place to disrupt public security and acquiring explosives.*

*Currently, I'm detained with many other children accused of similar cases. I address you in my letter on behalf of all detainees to stand with us and pressure the government of Bahrain to release me and other detainees. I'm only 17 years old.*

*I'm hopeful that you will not let us down and will take actions urgently to help release us the soon possible.*

*Waiting for your reply. May God bless you.*

*Best regards*

*Sayed Haider Shubber Alawi Naser Sharaf*



## Sadeq al-Aradi

**AGE** 17

**DOB** September 1998

**DATE OF ARREST** 23 June 2014

Sadeq al-Aradi is a 17-year-old Bahraini citizen. On 23 June 2014, Bahraini security forces raided Sadeq's house and arrested him. They transported him to the CID. During his detention at the CID and while in police custody, security forced tortured Ahmed to force him confess. They brutally beat him all over his body. The public prosecution remanded Sadeq to 105 days in prison under anti-terrorism law which was renewed to 45 days. Sadeq is currently detained at Dry Dock detention center.

*Dear Penpal,*

*I was arrested from my home on Monday 23 June when I was 16 years old. They beat me and stole 45 dinars, an amount I earned from my training. Then, they took me to the police station and I was presented to the public prosecution on the morning of the next day. I was beaten and humiliated to confess things I didn't do. They didn't let me eat or drink anything. During interrogation, they made me read the charges they wrote and my lawyer wasn't allowed in with me, despite this my trial continued and my detention is renewed at every hearing.*

*I liked swimming, sports and traveling. I looked forward to graduate from high school and study mechanical engineering. But I was deprived from pursuing my study and doing what I like. I'm not even allowed to have my school books to study at prison.*

*In Bahrain's prisons there are many children like me, therefore, I urge you to pressure the government of Bahrain to release me and my friends.*

*My friends and I will be waiting for your respond to my letter eagerly.*

*Regards,  
Sadeq Jaffer*



## Jaffer Abdulameer Jaffer

**AGE** 17

**DOB** 08 July 1997

**DATE OF ARREST** 16 July 2014

Jaffer Abdulameer Jaffer is a 17-year-old Bahraini citizen. On 16 July 2014, police vehicles surrounded Jaffer and his friends. They chased him and arrested him. They transported him to the CID, where they detained him for five days. During his detention at the CID, security forced tortured Jaffer to force him confess. Security officers beat him all over his body, threatened him with electric shocks, hanged him from the wall, and put him in a very cold room. The public prosecution remanded Jaffer into custody for 60 days pending trial. He is currently detained at the Dry Dock detention center.

*Dear Penpal,*

*I was arrested on 16 July 2014 just a few days after my 17th birthday. I was with my friends in the neighborhood when police vehicles surrounded us and I was arrested. They took me to the CID where I was tortured for 5 days. They beat me, threatened me with electric shocks and hanged me on the wall. I was kept in a very cold room, they call the fridge.*

*I'm shocked and don't understand why this happened to me because I'm innocent. However, they accuse me with causing explosion and burning an armored vehicle. My trial is ongoing and I'm expected to be sentenced soon.*

*I was deprived from pursuing my study and doing my hobbies. I miss going to the sea and fishing with my friends. I remember how much I used to enjoy it. I really hope I would be out soon. I know my mother misses me very much and she is sad for not having me around and this makes me sadder.*

*I hope you would call for my release and other prisoners in Bahrain as it is not fair to spend years in prison over false charges.*

*Thank you for taking the time to read my letter.*

*Jaffer Abdulameer Jaffer*





Handwriting practice lines consisting of 20 horizontal lines.







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& Human Rights in Bahrain

